

# The Many Impacts of COVID-19

## Part 2: Values and social distancing

### Information for students

- Read and reflect on the Montreal Gazette article "*As usual, Canadians excel at obedience in the COVID-19 era*" (direct link can be found below )
- Read, reflect, and then write a short response to the article. Consider the following questions in your response and refer to the values word cloud below if needed:
  - What are some Canadian values that have resulted in a successful obedience to social distancing measures?
  - Why do you think groups of people are disobeying social distancing measures?
  - What values are leading to their disobedience?
  - What does freedom mean to you?
  - What does responsibility mean to you?
  - What consequences has social distancing had on your health, wellbeing, daily life, relationships, etc.?
- Inspired by the word cloud of values below, write down your 5 most important values.



### Think back to our first class -

**Beliefs** – What you believe to be true  
(whether you can prove it or not).

*Examples of beliefs include the concepts of good and evil, astrology, formal religion, etc.*

**Values** – What you think is important.  
Values are personal, moral choices generally applied consistently across situations.

*Examples of values include the concepts of loyalty, courage, modesty, compassion, fairness, and respect.*

**Attitudes** – The way you express yourself in thoughts, words and actions.

*Basically, how your beliefs and values come together!*



## Materials required

- <https://montrealgazette.com/news/local-news/josh-freed-as-usual-canadians-excel-at-obedience-in-the-covid-19-era/>
- Paper, pen or pencil, tablet or computer for internet access
- Image of the values word cloud

## Information for parents

Students should

- Reflect on the consequences social distancing has had on their lives.
- Consider how societal values influence our willingness to abide by rules and regulations.
- Reflect on their own personal values

Parents could:

- Read the article and discuss it with your child.

Hi Grade 9!

I am missing our great conversations so this week this week I will host an ERC discussion and check in for both group 37 and 38 together via ZOOM on WEDNESDAY, MAY 6<sup>th</sup> @ 2PM.

I would love for a bunch of you to log in so we can discuss your thoughts on the articles you have been assigned this week and last, and to check in with how you are all doing during this challenging time.

Please check your email on Monday for the Zoom conference information and password.

Hope to see many of you there!

~ Ms. Valade